



Hughenden Quarter & Half Marathon 2023

Saturday 22nd April, 0900 (Half) 0920 (Quarter)

Hughenden Manor (National Trust)
High Wycombe, Buckinghamshire, HP14 4LA



Welcome to the Hughenden Quarter & Half Marathon

Thank you for entering. In this document you will find the key details you need to know ahead of race day.

Additional information and resources are available on our website.

[Visit website](#)

1. Getting there



Arriving by car

Enter **Hughenden Manor** via **Valley Road**. Upon arrival follow the track for 800m until you reach the car park at the top of the estate, a marshal will show you where to park.

Postcode for Sat Nav
HP14 4LA

[Google Maps](#)



Arriving by train

The closest train station is **High Wycombe**. There are regular trains from Marylebone. Please check [thetrainline.com](#) for timetables.

The event base is a 1.8 mile (30 min) walk via public footpaths.

[Walking Route](#)

2. Event timings



Itinerary

0800	Event base & registration opens
0845	Registration closes
0850	Event safety briefing
0900	Half Marathon Race Start
0920	Quarter Marathon Race Start
1300	All runners finished



On arrival

- Follow signs to registration and collect your **race number** and **timing wristband**.
- Grab a **pre-race coffee** from the onsite cafe.
- Leave a small bag or jacket at bag drop. *(For those without a car)*
- Get warmed up and be ready for our safety briefing at 0850 and then race start at 0900 (Half) or 0920 (Quarter).

3. Route information



Route details

Our Half Marathon is **21.2km** with **390m** of elevation gain.

The Quarter Marathon is **10.6km** with **195m** of elevation gain.

The route is available to download as a **GPX** or via **Garmin, OS Maps & Google**.

[Route Downloads](#)



Following the route

The route will be **signposted** and **marshalled** throughout. An example of our signage is below.



Important note - The route is open to the public, please be respectful to all trail users.



Checkpoints

There will be an aid station located at **13.4km** into the Half Marathon or **3.4km** into the quarter. We will have the following supplies on offer:

Drinks - Water, Coke
Fuel - Mountain Fuel Gels, Sweets

This is a cupless race!
If you would like to take on fluids at the aid station you will need a soft cup or bottle.



4. During the race



Mandatory kit

There is no mandatory requirements, however we would recommend the following:

- Wear trail running shoes
- Carry your mobile phone
- Run with some water/nutrition
- Carry a cup for use at our checkpoint
- Load the route to your watch/phone



Emergency info

To contact the event director or medical team, please use the following phone number:

07874 947339

5. Post Race



Spectators welcome

There is plenty of space for friends and family to gather at the start/finish.



Results

Live results are available immediately after the race at [runawayadventures.com](#)



Photos

A selection of race photos will be available for free download 24-48 hours after the event.



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